

TREATMENT

MASSAGES

Indian Head Massage (40 mins) £75.00

Serenity Candle Massage (40 mins) \ \color \gamma 80.00

Full Body Massage (50 mins) \$\mathbb{L}99.00\$

Hot Stone Massage (50 mins) £99.00

FACIALS

Illuminate Glow Facial (50 mins) \ £85.00

Rose Dew Facial (50 mins) £85.00

Anti-Ageing Gold Facial (50 mins) \$\ \ \ \£95.00

Aqua Signature Facial (70 mins) £105.00

SCRUBS

Bespoke Scrub (50 mins) £80.00

Aqua Signature Scrub (70 mins) £95.00

WRAPS

Ginger Spice Wrap (50 mins) | £90.00

Mineral Rich Sea Wrap (50 mins) £90.00

Aqua Signature Wrap (70 mins) \$\ \text{\pi}105.00



PREGNANCY

Pregnancy Half Body Massage £60.00 (25 mins)

Pregnancy Full Body Massage 290.00 (50 mins)

MUD RASUL

DIY Mud Rasul for 2 people (45 mins)

Plus the Fire & Ice Suite

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CUPPING

Signature Cupping Session (50 mins)

From £99.00

REFLEXOLOGY

Reflexology Session

(50 mins)

£70.00

SPORTS THERAPY

Consultation and Treatment (75 mins) £60.00

40 min Sports Massage session (40 mins) £40.00

60 min Sports Massage session (60 mins) £50.00

Postural Assessment & Tests (30 mins) £35.00

ACUPUNCTURE

Nada Stress Relief(40 mins)£45.00Magic 10(40 mins)£45.00Regular Acupuncture Session(50 mins)£70.00Revitalising Facial(50 mins)£90.00Signature Enhancement Facial(80 mins)£130.00





All of our packages include Robes and Towels.

SIMPLY SPA

Access to all

facilities

Spa Lunch

Midweek: £40.00pp

Weekend: £45.00pp

HEAVENLY SPA

Access to all

facilities

30 min treatment

Fire and Ice Suite

Midweek: £75.00pp

Weekend: £85.00pp

SPA INDULGENCE

Access to all

facilities

50 min treatment

Fire and Ice Suite

Midweek: £100.00pp

Weekend: £110.00pp

EARTHLY HEAVEN

Mud Rasul

Fire & Ice Suite

30 min treatment

Midweek: £100.00pp

Weekend: £110.00pp

Lunch can be added to any package upon request—please inquire at reception or book as an extra online when making your booking.